



Sacred Heart Parish Nurses
invite you to



Walk with Us
to
Jerusalem
this Lent



while meditating on scripture
verses listed each week in the
Guardian.



We're counting 20 minutes of
any aerobic activity as a mile—
and we have 6014 miles to
walk!



Mark you miles on a card and
drop them in the box at Church
door near the Hall. Look for a
map showing our progress.